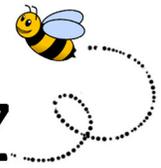


THE

BOXBOROUGH BUZZZ



SENIOR NEWS YOU CAN USE

May 2013

Council on Aging

Laura Arsenault,
COA Coordinator
978-263-1116 ext. 106
e-mail: laura.arsenault@
town.boxborough.ma.us
Marcia McNeil,
COA Dispatcher & Staff
978-263-1116 ext. 118

COA Board Members

*identify needs, develop
and implement programs
and services, educate
citizens and advocate on
behalf of elders.*

Barb Wheeler, President
Dave Birt
Tina Bhatia
Susan Fredrickson
Lauraine Harding
Frank Sibley
Liz West
Frank Powers, Liaison
with Board of Selectmen

Friends of the Council on Aging

John Fallon, President
Barbara Birt
Anne Becklean
Lorraine Carvalho
Mary Cobleigh
Patty Gayowski
Lauraine Harding
Eunice Hinckley
Sheila Lloyd
Astrid Perko
Ginnie Richardson
Alan Rohwer
Peggy Spinner
Shirley Warren

Buzz Production Team

Tina Bhatia-COA
Anne Canfield
Susan Page
Liz West-COA

Town Meeting Time

Boxborough's Annual Town Meeting will start **Monday, May 13, 7:00 PM**, at **Blanchard Memorial School gymnasium**. The school is located at 493 Massachusetts Ave. This is the time of year when residents gather to actively participate in Town government. Boxborough needs you to be there!



A Special Town Meeting will take place within the Annual Town Meeting. The purpose of the Special Town Meeting will be to vote on contracts with the Police, Fire, and Dispatch.

Please call the Council on Aging office, 978-263-1116 ext. 118, if you need to arrange for a ride on May 13 and subsequent Town Meeting evenings.

FCOA Day Trip to Boston Symphony Orchestra Open Rehearsal : Brahms and Schubert

On **Thursday, May 2**, the BSO will hold an open rehearsal as part of its High School Open Rehearsals program. This program offers students in grades 8-12 the opportunity to observe the rehearsal experience of a professional orchestra. Because of the unique nature of this rehearsal, a special on-stage screen will allow the audience to view the conductor from the perspective of the orchestra. Attendees will be treated to the Violin Concerto in D (Brahms) and Op. 77, Symphony in C, *The Great* (Schubert).



The van will leave **Town Hall at 8:45 AM** and arrive at Symphony Hall in Boston for the 10:30 performance. Please plan to bring a brown bag lunch or snack to eat on the way back to Boxborough; water will be provided. The cost for the trip is \$15. For more information, please contact Laura at 978-263-1116 ext. 106.

The Annual Meeting of the **Friends of the Boxborough Council on Aging** will be held on **Wed., May 22, 2013, at 3 PM** at the Community Center, 30 Middle Rd., Boxborough.

Memorial Day Parade

Our Memorial Day parade steps off at **8:30 AM** on **Monday, May 27**, from the corner of Hill Road and Wetherbee Lane. It proceeds to the North Cemetery, down Middle Road to Town Hall (about 9:00 AM), and then on to South Cemetery. Brief ceremonies are held at each of the cemeteries and at Town Hall. We hope everyone can join us on this special day to remember those who gave everything for our country.



Plants, Plants, and More Plants!

On **May 11, from 8:30–11:30 AM**, outside the Boxborough UCC, the **Boxborough Garden Club** will hold its **Annual Plant Sale**. This is an opportunity to purchase reasonably priced plants to spruce up your yard or window boxes. All items for sale have been divided from existing plants grown in Boxborough gardens.

A variety of baked goods also will be available to purchase that morning. This is the Garden Club's once yearly fundraiser; the proceeds are used for Garden Club programs and to fund a scholarship for one ABRHS senior at graduation. So mark your calendar, and rain or shine, come and support the Garden Club's activities, and help beautify Boxborough!

Lastly, if you'd like to contribute something from your garden to this event, please call Flo (978-263-3250) to arrange for a Club member to come to your home and divide suitable plants from your yard to contribute to the sale inventory.

A-B Cultural Council Friday Night Spring Foreign Film Series: Our World in Film

Here's your opportunity to see exceptional films that will be shown during the Acton-Boxborough Cultural Council's popular annual film event, "Our World – May Is Movie Month." **All movies will start at 7:00 PM, at Boxborough's Sargent Memorial Library.** Admission is free, and movies are aimed at an audience ranging from teens to seniors.

- **Friday, May 3: *I Wish*** — Japanese film maker Hirokazu Koreeda's 2012 movie. (PG). This movie tells the touching story of twelve-year-old Koichi who lives with his grandparents and yearns for his divorced parents to be reunited. He learns a new bullet-train line will soon open and thinks a miracle can happen.

- **Friday, May 10: *The Earrings of Madame de...*** — A 1953 French film masterpiece by Max Ophüls. (Unrated). ". . . one of the most mannered and contrived love movies ever filmed. It glitters and dazzles, and beneath the artifice, it creates a heart—and breaks it." *Film critic, Roger Ebert.*

- **Friday May 17: *Le Havre*** — A 2011 multi-national film (Finland/France/Germany) written and directed by Finnish Director Aki Kaurismaki. (Unrated). "A political fairy tale that exists somewhere between the reality of contemporary France and the classic cinema of Jean-Pierre Melville and Marcel Carné, *Le Havre* is a charming, deadpan delight."



Your Input Counts!

The Conservation Commission, Recreation Commission, and Planning Board are in the process of updating the Town's Open Space and Recreation Plan. In addition to keeping the Plan current, an update of the Plan is necessary to qualify for State financial assistance for various grant programs.

Your input is valuable, so please take a few minutes to answer **the survey you will find in the back of the 2013 Annual Town Meeting Warrant**. Once you've completed the survey, you may mail it to Town Hall or place it in the labeled basket inside the door of Town Hall. The survey also can be completed on-line from a link on the Town's website: www.town.boxborough.ma.us.



Boxborough Fifer's Day Fair

The Boxborough 2013 Fifer's Day Fair and celebration will take place on **Saturday, June 15**, at **Flerra Field**. Fifer's Day is sponsored jointly by the Boxborough District Minuteman Company and the Boxborough Public Celebrations Committee. Activities commence at **9:30 AM** with a Four Mile Road Race. The race is followed by a parade that sets off at **11:00 AM** from Blanchard Memorial School and ends at Flerra Field, where the presentation of the Golden Fife Award will take place. The Fair opens at noon; it will feature food and barbecue (including a vegetarian option), children's games and activities, a volleyball tournament, a tug-of-war tournament, booths representing Town organizations, and a craft fair. There will be music to enjoy throughout the afternoon, so plan to join your friends and neighbors as we come together to celebrate our Town!

For more information or to sign up for a non-profit booth, craft booth, Road Race, or Volleyball tournament, please go to www.fifersday.org.



COA Transportation Service

The COA van is available at a nominal fee from 9:00 AM to 3:30 PM Monday through Thursday for Boxborough seniors and residents with disabilities. The van is available for medical appointments, food shopping, and most local programs. To schedule a ride, call Van Dispatcher Marcia McNeil at 978-263-1116, ext. 118, between 9:00 AM and 1:00 PM at least two days in advance to discuss the details of your ride.

Volunteer Driver Transportation

Boxborough Volunteer Drivers if van is unavailable. (All area code 978)
Swan Anderson 263-0272 • Rita Grossman 264-4077 • Ann McNeece 263-9626
Anne Canfield 263-2664 • Kristen Hilberg 501-2912 • Karen Kealty 635-9133
Lorraine Carvalho 263-8060 • Susan Vine 266-1266 • Jini Vockel 929-9050

Also: Road to Recovery 1-800-227-2345 transportation & information for cancer patients.

May



2013

Wed, May 1 **Fitness with Holly**, 9 AM
Drawing Class, Comm. Ctr, 2 PM
Comm. Supper, Mt. Cal. Church, 5 PM

Thu, May 2 **BSO Open Rehearsal**, Van will leave
 *** Town Hall at 8:45 AM
Line Dancing, 9 AM
Bridge, 10 AM
Gentle Fitness, 11 AM
Game Day, 1 PM

Fri, May 3 **Fitness with Holly**, 9 AM
 *** **Memoir Group**, 1 PM
Our World in Film, 'I Wish', Library,
 7 PM

Mon, May 6 **Fitness with Holly**, 9 AM
Movie Monday, 1 PM

Tue, May 7 **Quilting**, 9 AM
Book Club, 10 AM
Tai Chi, 10:30 AM
Beg. Spanish, 1 PM
Yoga, 1 PM

Wed, May 8 **Fitness with Holly**, 9 AM
Wellness Clinic, UCC, 10–noon
Box. Neighbors Lunch, noon
 Sponsor: UCC Church, UCC
Drawing Class, Comm. Ctr, 2 PM
Comm. Supper, Mt. Cal. Church, 5 PM

Thu, May 9 **Line Dancing**, 9 AM
Bridge, 10 AM
Gentle Fitness, 11 AM
Game Day, 1 PM
COA Board Meeting, Town Hall, 3 PM

Fri, May 10 **Fitness with Holly**, 9 AM
 *** **Memoir Group**, 1 PM
**Our World in Film, 'The Earrings of
 Madame de'**, Library, 7 PM

Sat, May 11 **Box. Garden Club Annual Plant**
 *** **Sale**, UCC, 8:30-11:30 AM

Mon, May 13 **Fitness with Holly**, 9 AM
 *** **Movie Monday**, 1 PM
Annual Town Meeting,
 Blanchard School, 7 PM

Tue, May 14 **Quilting**, 9 AM
Tai Chi, 10:30 AM
Beg. Spanish, 1 PM
Yoga, 1 PM
Town Meeting continued
 *** **Special this month**

Wed, May 15 **Fitness with Holly**, 9 AM
Comm. Supper, Mt. Cal. Church, 5 PM

Thu, May 16 **Line Dancing**, 9 AM
Bridge, 10 AM
Gentle Fitness, 11 AM
Bach's Lunch, 'Traditional Irish Music',
 Indian Hill, 11 AM & 1:30 PM
Game Day, 1 PM

Fri, May 17 **Fitness with Holly**, 9 AM
 *** **Memoir Group**, 1 PM
Our World in Film, 'Le Havre', Library,
 7 PM

Sun, May 19 **Boxborough Museum**, 2-4 PM

Mon, May 20 **Boxborough Town Election**,
 *** Town Hall, 7 AM–8 PM
Fitness with Holly, 9 AM
Movie Monday, 1 PM

Tue, May 21 **Quilting**, 9 AM
Tai Chi, 10:30 AM
Beg. Spanish, 1 PM
Yoga, 1 PM

Wed, May 22 **Fitness with Holly**, 9 AM
 *** **FCOA Annual Meeting**, Comm. Ctr, 3 PM
Comm. Supper, Mt. Cal. Church, 5 PM

Thu, May 23 **Line Dancing**, 9 AM
Bridge, 10 AM
Gentle Fitness, 11 AM
Senior Lunch, Mt. Cal. Church, 12:15 PM
Game Day, 1 PM

Fri, May 24 **Fitness with Holly**, 9 AM
Memoir Group, 1 PM

Mon, May 27 **Town Hall & Library Closed**
 *** **Memorial Day Parade**, 8 AM

Tue, May 28 **Quilting**, 9 AM
Tai Chi, 10:30 AM
Beg. Spanish, 1 PM
Yoga, 1 PM

Wed, May 29 **Fitness with Holly**, 9 AM
Comm. Supper, Mt. Cal. Church, 5 PM

Thu, May 30 **Line Dancing**, 9 AM
Bridge, 10 AM
Gentle Fitness, 11 AM
Game Day, 1 PM

Fri, May 31 **Fitness with Holly**, 9 AM
Memoir Group, 1 PM





Ongoing Events, Classes



To learn more about any event, call Laura Arsenault: 978-263-1116 ext. 106

Boxborough Neighbors Luncheon Meets second Wednesday of the month. UCC. Food is provided on a rotating basis by local Boxborough organizations. Call Mary Larson to sign up: 978-263-7632.

Book Group Meets first Tuesday of the month Sept—May at 10 AM. Library. New members are always welcome.

Bridge at St. Matthews Church An ongoing group that always welcomes new members. Meets every Thursday. 10 AM. Call Dean Machamer at 978-263-2976.

COA Wellness Clinic Second Wednesday of the month. Nashoba Nursing Service hosts a monthly wellness check for all ages. 10 AM-noon. UCC.

Community Supper in Acton For everyone on every Wednesday at Mt. Calvary Church. No charge. 5 PM.

Fitness with Holly A 12-week class. Meets Monday, Wednesday, & Friday at 629 Mass. Ave. Sign up for one, two, or three days. \$36/\$72/\$108. 9 AM.

Game Day Come and play popular board games with others, every Thursday, 1 PM. Community Center. All are welcome.

Gentle Fitness with Phyllis An 8-week class for all fitness levels. Meets Thursday at Community Center. 11 AM. \$24.

Line Dancing A 12-week class taught by Sam O'Clair. Meets Thursday at 9 AM. Community Center. \$36.

Memoir Group An ongoing group for those who wish to write and share memoirs. Meets Friday at Community Center. 1-3 PM.

Movie Mondays @ Sargent Memorial Library 1 PM every Monday the library is open.

Quilting Group An ongoing group that makes quilts for the needy worldwide. Meets Tuesday at Mt. Calvary Church, Acton. 9 AM-noon. Call Astrid Perko at 978-263-7016.

Senior Luncheon in Acton An ongoing group that meets on the fourth Thursday of the month. Mt. Calvary Church. 12:15 PM.

Spanish for Beginners Learn to speak Spanish. Ongoing class meets every Tuesday at 1 PM. Community Center.

Tai Chi A 12-week class taught by Jeff Cote and staff. Meets every Tuesday at 10:30 AM. Community Center. \$36.

Yoga for Seniors A 12-week class of stretching, balance, and yoga taught by Julia Vighh. Meets Tuesday at 1 PM. 25B Stow Road. \$48.

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The Friends of the Council on Aging provides financial and volunteer support for programs, classes, and special events of the Friends and the Council on Aging.

To make a donation as a Friend, or as a memorial, clip out this form and send your tax deductible gift to the **Treasurer, Patty Gayowski, 31 Eldridge Rd, Boxborough, MA 01719**. Make checks payable to the **Friends of the COA**. Thanks!

Donation (\$ _____)

\$5 _____ \$10 _____ Other _____

Name _____

Address _____

In Memory of _____